

To all TWKSF members, families and supporters,

I am taking this opportunity to express my best wishes to you all as we go through this most difficult medical crisis. For many of us, this is an unparalleled era never witnessed by most of us on a global level.

My personal opinion is that we must ensure we make every effort to protect ourselves and our loved ones. No matter the constant barrage of different sources of information leveled at us by the media, we must heed the advice of the CDC and medical professionals as we move forward.

As students of the Martial Arts we are taught to never panic or lose hope. We must adhere to guidelines levied upon us that are intended to keep all of us safe. Use technology to stay in contact with friends and family members, especially any that are in severe risk groups.

Additionally, I encourage you to continue to support your martial arts schools in any manner commensurate with current social distancing guidelines.

Please stay safe and don't take risks that could endanger you, your family, or your community. We are going through this crisis together, and together we will all defeat this unseen threat to our society.

AL Martin

Grandmaster S.L. Martin President--TWKSF