

TWKSF International Referee Training Schedule

28 September to 1 October 2010

Krakow, Poland

Day 1: Tuesday 28 September, 2010

12:30 – Registration
12:45 – Welcome, Introductions and Objectives
13:00 – Tournament Administration - Theory and Practical (M1)
15:00 – Break
15:15 – Forms (Tao Lu) Judging Rules and Regulations – Theory and Practical (M2)
18:00 – Dinner

Day 2: Wednesday 29 September, 2010

09:00 – Registration
09:15 – Full Contact (Lei Tai) Rules and Regulations - Theory (M3.1)
10:15 – Break
10:30 – Full Contact (Lei Tai) Commands - Practical (M3.2)
12:00 – Lunch
13:00 – Full Contact (Lei Tai) Scenario Group Work - Practical (M3.2)
15:00 – Break
15:15 – Lei Tai Practical Examination (Group Assessment)
20:30 – Dinner

Day 3: Thursday 30 September, 2010

09:00 – Registration
09:15 – Light Contact (Qing Da) Rules and Regulations – Theory (M4.1)
10:15 – Break
10:30 – Light Contact (Qing Da) Commands – Practical (M4.2)
12:00 – Lunch
13:00 – Chinese Wrestling (Shuai Jiao) Rules and Regulations – Theory (M5.1)
15:00 – Break
15:15 – Chinese Wrestling (Shuai Jiao) Commands – Practical (M5.2)
18:00 – Dinner

Day 4: Friday 1 October, 2010

09:00 – Registration and Examination Preparation
09:30 – **Written Examination (Compulsory Questions) – 1 Hour**
10:30 – Break
11:00 – **Written Examination (Selected Questions) – 1½ Hours**
12:30 – Lunch
End

Candidates are expected to bring:

- A note book and pen or pencil to make notes
- Comfortable clothes for training and exercise
- Martial art shoes
- Five (5) recent colour passport standard photographs